

#### **VISAKHA GOVT. DEGREE COLLEGE for WOMEN**

# EVENT ORGANIZED REPORT (2018-2019)



Title of the Activity	SUMMER COACHING CAMP
Date of Activity Organized	20-03-2019 TO 10-05-2019
Name of Department	DEPARTMENT OF PHYSICAL EDUCATION
Chairman	Dr. S. SHOBA RANI, PRINCIPAL, VISAKHA GOVT. DEGREE COLLEGE FOR WOMEN, VISAKHAPATNAM
Co-oordinator	Dr.R.KIRANMAI, LECTURER IN PHYSICAL EDUCATION
No.of Participants	25
Programme Report	First time in college history students are engaged during summer in physical activities. With the help of sponsors we could provide food for participants. This camp will help participants in achieving medals in various competitions during the next academic year.
Objective of the Activity	TO STRENGTHEN ALL PHYSICAL FITNESS COMPONENTS LIKE STRENGTH, ENDURANCE, SPEED, COORDINATION, AGILITY etc. OF OUR COLLEGE SPORTS WOMEN. IT ALSO AIMED AT DEVELOPING SPECIFIC GAME SKILLS OF THEM.
Outcome of the Activity	ALONG WITH SPORTS WOMEN NON SPORTS STUDENTS ALSO PARTICIPATED AND LEARNED TO MAINTAIN THEIR PHYSICAL AS WELL AS SOCIAL, MENTAL AND EMOTIONAL FITNESS.



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### **PHOTO GALLERY**







05/03/19 CIRCULAR - 19 Date. ccommodalion



PRINCIPAL
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